

GREEN TEA

Green Tea is plucked, withered and rolled. It is not oxidized because during the rolling process, oxidation is prevented by applying heat. For green tea, the fresh leaves are either steamed or pan-fired (tossed in a hot, dry wok) to a temperature hot enough to stop the enzymes from browning the leaf. Just like blanching vegetables, really.

China Gunpowder - A short steeping will release the sweet aromas and full-bodied flavor of this sought after and healthful tea. Gunpowder tea, as the name implies, is made up of leaves hand-rolled into tiny pellets. These resemble gunpowder, and give this tea its distinct name. Gunpowder’ produces a full-bodied cup with a hint of smokiness. High in antioxidants. Contains caffeine.

***Duck Dinah’s Tea** - An interesting and uncommon combination of green Gunpowder tea and herbal “Camo”mile, and lemongrass. An added kick of a cinnamon spice rooibos, not too much, rounds out the flavor. Miss Dinah hopes ya’ll will like this tea, it’s just ducky and “calls out” to give it a try. The Chamomile blends smoothly with the slightly smoky gunpowder while the cinnamon sweetly perks things up. “Hey”, try it iced too. Contains caffeine.

Jasmine Flower - Traditional Jasmine tea is green tea dried with petals of jasmine flower. As the tea dries, it absorbs the flavor of the jasmine. Contains caffeine.

Lavender Butterfly - This tea combines the sweet ethereal flavor of Tibetan lavender with an exceptional Hunan green tea. Notes of sweet grass and honey with a finish of peach and floral tones. Contains caffeine.

Mango Papaya - Deliciously fragrant tropical flavoring in every cup of our lightly steamed green tea. Spring grown leaf teas, sweet mangos and papaya pieces with golden star fruit, all of these add their magic to this flavorful and aromatic blend. Contains caffeine.

***Moroccan Mint** - China Gunpowder green tea, spearmint, peppermint and lemon grass for our fragrant and delicious Moroccan Mint green tea. Refreshing and aromatic. It is a superb drink hot or iced. Try it Moroccan style, sweetened with sugar. Contains caffeine.

"Loose" tea remains good for about 2 years, provided you keep it away from light, air, and moisture.

WHITE TEA

White Tea is essentially unprocessed tea. The name is derived from the fuzzy white "down" that appears on the unopened or recently opened buds. White tea is simply plucked and allowed to wither dry. That's it, really. Some minimal oxidation does happen naturally, as it can take a full day or two to air-dry the tea leaves. This is why some white teas, like the classic White Peony, show leaves of differing colors (white, green and brown). White teas produce very pale green or yellow liquor and are the most delicate in flavor and aroma.

White Tropical Ambrosia - A cornucopia of aromatic delights. Healthful yet sinfully flavorful with a liquor that begs to be tried both as a stand- alone and with your favorite honey or sweetener. Contains caffeine.

Wedding - Wedding Tea is an elegant blend. Beautiful pink rosebuds and petals capture the eye amidst Chinese Mutan white tea buds, creating the perfect wedding tea. The lemon and vanilla addition impart a wonderfully aromatic scent. A token of the years to come, it is a tea of pure bliss for a most noteworthy occasion. Contains caffeine.

White Peach Blossom - White teas hand blended with the natural essences of succulent peaches and tangerines. The flavor of sweet peaches is well balanced with accents of fresh citrus and white tea character. Contains caffeine.

White Symphony - An exquisite version of the White Peony variety, a delicate tea made from tea buds collected and withered prior to opening. It offers a preponderance of unopened leaf buds that create a pale yellow, light bodied, yet complex cup with hints of honeydew and a faint floral sweetness. Contains caffeine.

HERBAL & CAFFEINE FREE TISANES & INFUSIONS

Rooibos, pronounced “Roy Boss” and colloquially known as Red Tea, is an herbal plant that grows in South Africa. A flavorful, caffeine-free alternative to tea. Rooibos, is an African word of Dutch origin meaning “Red Bush,” a bush with fine needle-like leaves. The leaves are chopped and bruised which starts a fermentation process resulting in a fruity refreshing herbal tea. Rooibos contains trace minerals and is high in anti-oxidants which scavenge on toxic compounds attributed to aging and immune system decline.

***Almond Orange Rooibos - Red Tea** Essences of sweet, roasted caramelized almonds and sweet apple pieces combined with creamsicle orange rooibos. Columbia Kate’s Exclusive Blend and a Best Seller!

***African Red Solstice - Red Tea** Blueberries and Elderberry with a hint of vanilla, rosehips and rose-petals. Rich in flavor, high in antioxidants and steeps a rewardingly beautiful and fragrant cup.

***Butte Tea** - is a caffeine free herbal with chamomile, perfect for calming in stressful situations. With hibiscus for its beautiful red color and heart health. Rosehips for recovery and orange rooibos for antioxidants with a touch of mint to sooth the tummy.

Rooibos Masala Chai - Red Tea Luxury rooibos. A mouth enlightening Malabar spice blending ginger, cardamom, coriander, cinnamon, cloves and black pepper.

***Meyer Lemon Cream Rooibos - Flavored Red Tea** - A Columbia Kate’s exclusive and “Signature Flavor” blend. The ethereal Meyer lemon adds a slightly sweet note that is uniquely California, and uniquely Columbia Kate’s. Distinctive and mystical. Red and Green Rooibos, Natural Meyer Lemon Flavor and Lemon Myrtle that is a treat of elegant smoothness without the usual astringency of a lemon tea.

Hot Cinnamon Spice Rooibos - Red Tea Three types of cinnamon are added to African Rooibos, making a delicious naturally sweet herbal drink.



***Chamomile Tisane - Herbal** Chamomile with a delicate fruit finale. Chamomile flowers, orange peel and vanilla rooibos.

***Alotta Lemon & Ginger - Herbal** Dried Lemon Peel (vitamin C) Lemon Balm, Lemon Verbena, Lemon Myrtle, and Lemongrass is balanced with invigorating ginger root and eleuthero root (an immune system booster) to create a bold, enticing blend. Especially good to drink if you feel a cold coming on.

Berry Blast - Herbal A delicious blend of natural fruits and spices that brews up a mouthwatering cup of herbal tea. Entirely caffeine free, it holds a special appeal for kids. The flavor is natural, emanating from apple pieces, black currants, Cranberries, raspberries, elderberries, bilberries, hibiscus flowers and rosehip peels.

***De-Stress - Herbal** Calming Chamomile, Passion Flower, Mint, and Orange Rooibos. Steep a gentle brew for relaxation after a long day.

***Lemon Citrus Mint - Herbal** Bright and lemony with peppermint, lemongrass, spearmint, lemon verbena and lemon balm.

***Nite TEA Nite – Herbal** Brew some of Clare’s exclusive blend right before bedtime. Keep some of the brewed tea in a hot thermos at your bedside on wakeful nights so you don’t have to get out of bed to make tea. This blend of Valerian Root, Chamomile, Lemon Balm, Lemon Myrtle, Organic Peppermint and Passion Flower will help send you to slumbertown.

Peppermint - Herbal Refreshing, minty, peppermint aids in digestion and gives clarity of thought. Fresh, pure aroma will lift your spirits and quiet your mind.

COLUMBIA KATE’S TEAHOUSE

Fresh. Local Ingredients. Scratch Made.

22727 Columbia Street • Columbia CA • 209-532-1885 • Est. Feb 1st, 2007

OPEN DAILY: 11AM-4PM

All teas come from the same plant. How the leaves are processed determine their classification as black, green and oolong. The main difference between tea varieties is the amount of oxygen the leaves are allowed to absorb during processing. High amounts of oxygen produce dark-colored black teas while less oxygen results in green tea. Unprocessed leaves are called white tea.

Citrus with tea can help maximize the effectiveness of the antioxidants. So eat the Orange slices we include with your meals.

* Denotes Tea Blended by Clare and Exclusive to Kate’s

TEA: HOT OR ICED

2 cup pot.....6
4-5 cup pot.....8
Iced tea of the day.....4

OOLONG TEA

Semi fermented teas, in between green and black. The varieties of oolong are processed differently, but the leaves are formed into one of two distinct styles. Some are rolled into long curly leaves, while others are 'wrap-curled' into small beads, each with a tail. The leaves may be re-infused several times, with each resulting infusion yielding different liquor from the proceeding cup.

Coconut - Creamy, smooth coconut perfectly blended with Bao Zhong oolong. The aroma is intoxicating. Contains caffeine.

***Flower Guy** - A rich array of several beautiful floral components flavors a combination of Lotus oolong and black Ceylon tea. Close your eyes, the intense aroma will take you to the flower market, smack in the midst of a bevy of bouquets ~ cornflowers, red rose petals and pink rose buds, roman chamomile, chrysanthemum, marigold, safflowers. Contains caffeine.

***Ti Quan Yin** - Or the Iron Goddess of Mercy, is one of the most famous teas in China.

LOOSE TEA

Small (15 cups).....7
Medium (30 cups).....13
Large (60 cups).....22
X-Large (100 cups).....29

Tins are extra, but can be refilled.

Purchase teas online at www.columbiakates.com/shop/

MATE

This plant grows in Argentina and is consumed throughout South America. More caffeine than coffee or tea. Rich in matteine which is recognized as a mild stimulant.

Roasted Mate Chai - With a mocha character and light spice. Contains caffeine.

Mocha Nut Mate - The mellow chicory-like character of our Brazilian toasted mate is a perfect platform for a favorite indulgence - chocolate! Add a bit of hazelnut and you have the perfect treat. Please note that all Mate varieties contain caffeine; we would not suggest it as a nightcap.

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There is significantly less caffeine in the average cup of tea than in coffee. L-theanine, an amino acid found only in tea, has a relaxing effect that counteracts the jitteriness of caffeine without reducing alertness. Tea's high levels of antioxidants slow the body's absorption of caffeine - resulting a longer period of alertness with no crash at the end.

BLACK TEA

Undergoes a full fermentation process composed of four basic steps: withering, rolling, fermenting and firing.

Theaflavins in black tea and catechins in green tea are equally effective antioxidants.

Assam - TARAJULIE an Estate Tea of India. Assam tea is famous for its lush flavor and golden color. Rich brown and golden tipped leaves yield a multi-layered malty flavor. The basis of an Irish Breakfast Blend. Contains caffeine.

Buckingham Palace Garden Party - Each cup is a cup of mystery - the flavors all come to the fore at separate times - one minute you taste a hint of Earl Grey, the next second you can almost feel the soft floral notes of jasmine and finally you get the satisfying fullness of the Assam, Ceylon and Kenya blend. Jasmine and Cornflower petals, Natural flavors. Contains caffeine.

Darjeeling - HAPPY VALLEY Darjeeling Tea combines the delicate nature of green tea with the robust character of black teas. Happy Valley's elevation produces a stunning tea with notes of muscatel, toast, wine and subtle peach. An exceptional Darjeeling. Contains caffeine.

English Breakfast - Classic breakfast tea at it's finest. Rich and smooth flavor with a full body and aroma. Perfectly balanced blend of superb India teas steep a great cup, morning, noon or evening. Contains caffeine.

Irish Breakfast Cream - A robust black tea blend with light, creamy tones. A smoother version of Irish tea and then some! Contains caffeine.

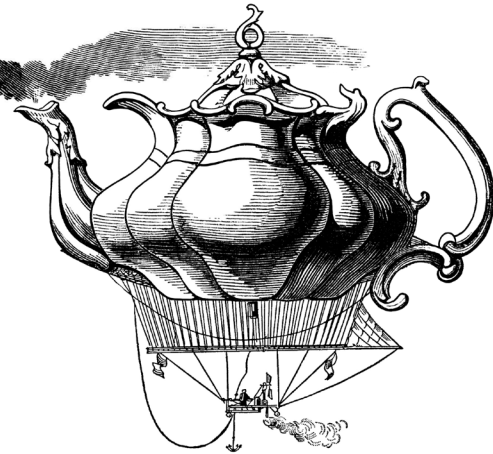
Irish Breakfast - The Assam component of this Irish blend gives the cup a strong, deep, malty character with heavy layers of astringency that dry the mouth. The Kenyan teas provide a bright coppery color with profound floral notes that add a complex depth to the cup. If you've ever wondered what gives the Irish so much nervous energy, you've got your answer... It's a strong blend! Contains caffeine.

Lapsang Souchong - Smoldering and adventurous. Clouds of cool pine and apple wood smoke envelop every leaf of this excellent China black tea, curing it to perfection. A favorite of the early American pioneer. Contains caffeine.

Paris - This blend is reminiscent of one of the most popular blends in Paris. It is a fruity black tea with vanilla and caramel flavors, and a hint of lemony Bergamot. The flavors are very subtle. Contains caffeine.

Pu-erh - Aged Black Tea Pu-erh are teas whose leaves are re-hydrated after fermentation to enable a second fermentation. After fermentation the tea is stored in cool cellars or buried for one or more years. A strong, yet smooth, earthy, woody flavor. Contains caffeine.

Russian Caravan - Not as strong as Lapsang Souchong, this tea relives memories of camel trains along the Silk Road. Full flavored with distinct notes of pine and hickory smoke. Contains caffeine.



Apricot - My first job was cutting apricots for drying and my first flavored tea was Apricot. Pleasant memories abound in this delectable Apricot tea. Combines the sweet flavor of ripe summer apricots with the rich taste of Ceylon black tea. Contains caffeine.

Blackberry - An enchanting blend of black tea and fruit. Finest quality tea leaves mingle with sweet, fragrant, freeze dried blackberries. Contains caffeine.

***Buttons** - A lovely combination. Tea and Antique Buttons are a Columbia Kate's Teahouse Theme. Vanilla, Caramel, Mint and Rose petals. Try it iced. Contains Caffeine.

Chocolate - This decadent treat infuses the flavor of rich, dark chocolate with the bright, full taste of Ceylon black tea. A rich sugar-free treat, delectable both hot and cold. Contains caffeine.



FLAVORED AND SCENTED TEA

Created when the additional flavorings are mixed with the leaf as a final stage when the tea is packed. For an example, in Jasmine tea, whole jasmine blossoms are added to green and oolong tea. Fruit-flavored teas are generally made by combining a fruit's essential oils with black tea.

Milk with tea degrades antioxidant benefit. Use Milk rather than cream. The higher the fat content the more antioxidants are reduced.

Cream Earl Grey - An exquisite Earl Grey character mellowed with soft hints of cream. Truly a taste extravaganza. If you are fan of Earl Grey and have not tried this, you are in for a treat. Cream Earl Grey has a taste that is smooth with vanilla overtones that stand out above the premium bergamot flavor – the signature taste of Earl Grey. Contains caffeine.

Earl Grey - A blend of Chinese and Indian teas scented with the oil from the bergamot fruit - an oddly shaped citrus fruit from Southern Italy. It is said that a British diplomat on a mission to China saved the life of a Mandarin and as a gift of gratitude was given the recipe for this flavored tea. This diplomat upon his return to Britain presented the tea to the Prime Minister of the day, Earl Grey (1830-1834) who made this tea fashionable. Contains Caffeine.

Eastern Spice Chai - Premium Nilgiri black tea with a unique blend of Eastern spices. Cinnamon, cardamom, ginger, cloves, & black pepper. To most Westerners, it is a little known fact that the word 'Chai' simply means 'tea' in Hindi. Therefore, all teas are technically Chai. Contains caffeine.

French Caramel Crème Brule - A luscious tea with a decadent caramel flavor and aroma. Dessert in a cup! Contains caffeine.

Ginger Peach - The piquant and spicy character of ginger is mellowed with the sweet character of peaches. Combine the two and one has more than just a flavorful cup of tea! Bright and Coppery. Black tea, Calendula petals, Ginger pieces, Natural flavors. Contains Caffeine.

Gold Rush - Passionfruit, mango, cornflower, blue mallow, marigold, safflower and natural tropical flavoring. Contains caffeine.

Hot Cinnamon Spice - An assertive blend of black teas, three types of cinnamon, orange peel, and sweet cloves. Sweet to the taste, but with no sugar added. Contains caffeine.

*** Lavender Cream Earl Grey** - All the creamy loveliness of this favorite with the addition of lavender. Contains caffeine.

Lavender Earl Grey - French #1 super blue lavender transports a floral harvest of Provence to an intoxicating Earl Grey. This tea has a delicate floral bouquet that compliments the citrus character of Earl Grey's bergamot beautifully. Contains caffeine.

***Meyer Lemon Cream** - Columbia Kate's exclusive and "Signature Flavor" blend. Created especially for The Teahouse by "Art of Tea." The ethereal Meyer lemon adds a slightly sweet note that is uniquely California, and uniquely Columbia Kate's. Distinctive and mystical. Kate's Meyer Lemon Scone Cream is the inspiration for this creamy blend of black tea that is a treat of elegant smoothness without the usual astringency of a lemon tea. Contains Caffeine.

Mountain Huckleberry – The huckleberry is a flavory wild berry. Find full berry fruitiness with mountain freshness in this tea. Contains caffeine.

***Oh My Chai** – Caramel, white chocolate Chai with chai spices and floral tones. Oh my, this combination is too good to resist. Contains caffeine.

Peach - Premium Ceylon black tea flavored with sweet peaches. Contains Caffeine.

***Rimfire** - This blend of black teas was inspired by the 2013 fire that so impacted Tuolumne County. Hot and smoky with three types of cinnamon, orange peel, and sweet cloves combined with smoky Lapsang Souchong. Natural flavors. Contains Caffeine.

Royal Irish - A Butterscotch Vanilla Blend with jasmine. Fantastic aroma and taste. Contains Caffeine.

Purchase our tea online at www.columbiakates.com



English tea gardens were the first public gathering place where women were allowed to mix with men publicly without scandal or criticism.

